

HEADFIRST

SUMMER CAMPS



**DAY
CAMP**

AGES 3½ TO 6

**MULTI-
SPORT
CAMP**

AGES 6 TO 12

**SINGLE
SPORT
CAMPS**

AGES 5 TO 12

**DISCOVERY
CAMPS**

AGES 7 TO 12

Summer
2012

The #1 SUMMER CAMPS in Washington DC, Bethesda MD & McLean VA



Headfirst's award-winning day camps for children ages 3½–12 include a wide variety of summer camps for every interest from cooking and science to swimming, sports, arts and crafts and games. Our premier facilities, top-notch staff, approach to learning and dedication to making a difference in the lives of young campers have earned us the reputation as the best summer camps in Washington, DC, Bethesda, MD and McLean, VA.

Headfirst is proud to have been recognized by Sports Illustrated For Kids Magazine (voted "Best Summer Camp Program In Washington, DC"), the Positive Coaching Alliance ("National Award-Winning Organization"), and The Washington, DC Home Plate Club ("Youth Organization of the Year").

With flexible one-week sessions and our popular "theme weeks," Headfirst campers can try something new and different each week. We look forward to seeing you this summer at Headfirst Camps!

Headfirst Camps is now the official provider of **Boston Red Sox Baseball Summer Camps**, **Chicago Cubs Baseball Summer Camps**, and **New York Yankees Baseball Summer Camps** in the Boston, Chicago, and New York metropolitan areas. Campers ages 5–13 enjoy a "Major League Experience" with first rate coaching, VIP tour of Fenway Park, Wrigley Field, or Yankee Stadium, and opportunity to meet an MLB player. Visit www.redsox.com/camps, www.cubs.com/camps, and www.yankees.com/camps for more information.



*Ages
3 1/2 to 6*

DAY CAMP

PAGE 4

THE PERFECT MIX OF ACTIVITIES, SPORTS, ARTS & CRAFTS & INSTRUCTIONAL SWIMMING FOR YOUNG CAMPERS



*Ages
6 to 12*

MULTI-SPORT CAMP

PAGE 6

A FUN BLEND OF SEVEN SPORTS & SWIMMING



*Ages
5 to 12*

SINGLE SPORT CAMPS

PAGE 8

SOCCER, BASKETBALL & BASEBALL



*Ages
7 to 12*

DISCOVERY CAMPS

PAGE 10

CHOOSE COOKING OR IMAGINATION SCIENCE CAMP, OR A MIX OF FUN ACTIVITIES, SWIMMING AND WEEKLY THEMES AT XPLORATION CAMP

**★ Enroll by February 21st
for Early Bird Discounts.
Save up to 15%!**

SEE PAGE 13 FOR MORE INFORMATION

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“There are many different roles at Headfirst Camps, but there is only one single purpose for each and every one of us: to make certain all campers who attend a Headfirst Camp program have one of the most memorable and fun learning experiences of their lives.”

ROB ELWOOD
FOUNDER & CEO

BRENDAN SULLIVAN
FOUNDER & PRESIDENT

As Washington, DC natives and childhood friends, we started Headfirst in 1996 with the vision of providing top-notch sports and summer day camp programs for kids in the Washington, DC area. Years later, Headfirst’s award-winning camps have earned the reputation as the best summer camps in DC, Bethesda and McLean, making a difference in the lives of thousands of young campers while providing them with exceptional summer experiences they will remember for a lifetime.

How did Headfirst Camps become the #1 summer camps in the DC area? We have first-rate facilities at the area’s top schools. Our experienced staff and excellent camper-to-counselor ratio (6:1 for younger campers and 7:1 for older campers) allows our campers to benefit from individual and small group learning, whether they are doing an art project, a science experiment, learning to swim or perfecting their athletic skills. Our emphasis on *effort over results* allows campers to discover, make friends, learn and have fun in a positive environment.

Headfirst Camps offers more than a typical camp experience. Our traditions and approach to teaching create a lasting impact on our campers’ personal growth and overall development — one that lasts well beyond their Headfirst Camp experience. In particular, our daily all-camp morning and dismissal meetings are a Headfirst trademark, creating an atmosphere of leadership, positive energy, team spirit and an endless amount of fun and inspiration.

We founded Headfirst with the idea that every camper, player, counselor, coach and family attending Headfirst would take away the lessons and experiences of maximizing effort, leading, learning, building self-confidence and most of all having fun. We look forward to seeing you at camp!

Play Smart, Have Fun!

Handwritten signatures of Rob Elwood and Brendan Sullivan in black ink.

Accredited members of the ACA (American Camp Association®)

PS— Please visit our website at www.headfirstcamps.com for more information on our experienced staff, impressive facilities and camp philosophy.



LOCATIONS

★ St. Albans School & National Cathedral School

MOUNT ST. ALBAN, 3000 WISCONSIN AVENUE, NW, WASHINGTON, DC

Our camps in Northwest Washington, DC are held on the campuses of two of the nation's top schools, St. Albans School and National Cathedral School. On the magnificent grounds of the National Cathedral, both schools boast exceptional facilities. St. Albans features newly renovated buildings and classrooms, brand new auxiliary turf play areas, two full-size gymnasiums, premier full-sized soccer, baseball and football fields, a 25-yard indoor swimming pool with a water slide and an outdoor blacktop area. National Cathedral School has two gorgeous full-size athletic fields and DC's finest state-of-the-art indoor athletic center with four full-size basketball courts, indoor track, dance studio, fitness room, climbing wall and locker rooms.

★ Mater Dei School

9600 SEVEN LOCKS ROAD, BETHESDA, MARYLAND

In one of Bethesda's most convenient locations, Mater Dei School's quiet and picturesque campus feels far away from the bustle of the nearby city. Its impressive facilities include two full-size gymnasiums, two multi-purpose rooms, ample classrooms, a brand new full size turf athletic field, a children's playground, an outdoor blacktop area and an outdoor swimming pool.

★ Saint Luke School

7005 GEORGETOWN PIKE, MCLEAN, VIRGINIA

Nestled in a quiet neighborhood in McLean, Virginia, Saint Luke School boasts a beautiful campus. Its wonderful facilities include athletic fields, a full-size gymnasium, a children's playground, an abundance of classrooms and an outdoor blacktop area.

Headfirst is proud to operate our award-winning summer camps on the beautiful campuses of some of the top independent schools in the Washington, DC area. They all feature exceptional facilities and convenient locations, and all are ideal locations for our campers to play, learn and grow in a safe and fun environment.

Please visit our website at www.headfirstcamps.com for virtual tours and directions to our camp locations.

DAY CAMP

Ages
3½ to 6



WEEKLY ACTIVITIES

- Swimming instruction*
- Outdoor activities & adventures
- The Headfirst Rock Wall (grades K-1)
- Arts & crafts
- Music & movement
- Fun science projects
- Introduction to sports
- Creative & performing arts
- Leadership & team building activities
- Moonbounce & other fun activities

* *Water play substitutes for swimming at the Saint Luke School location*

DAY CAMP THEMES

- Summer Splash
- There's No Place Like Space
- All Aboard Gomer's Pirate Adventure
- Party in the U.S.A.
- Gomer's Underwater Adventure
- Superheroes
- Dinosaur Detectives
- Going Buggy!
- Welcome to the Jungle
- Under the Big Top

See pg. 14 for theme dates and locations

Headfirst Day Camp is perfect for the young or first-time camper who enjoys a fun mix of activities, arts and crafts, instructional swimming and sports.

This camp is specially designed for 3½–6 year olds who are ready to explore, play and make new friends in a safe, nurturing and stimulating environment. Each week at Headfirst Day Camp is new and exciting, as we explore and celebrate a new theme.

Under the supervision of Headfirst's experienced and well-trained teacher/early childhood staff, day campers have fun, develop new skills, try new things, and grow in ways that will benefit them long after the program is over. Every week, Headfirst aims for a counselor to camper ratio of 6:1 in our Day Camp programs.

Whether it is through music, imagination, swimming, sports or fun, our goal is to build self-confidence and to create a positive experience through positive energy. Our day campers enjoy learning and are continually encouraged to realize their potential and seek out their dreams. Activities are child-centered, and emphasize social development, character development, leadership, teamwork and sportsmanship. *Effort over results* is the philosophy upon which Headfirst Camps was built.

Please note, all day campers must be toilet-trained.

A photograph of three children standing outdoors. The child on the left is a young boy with blonde hair, wearing a light blue t-shirt. The child in the middle is a young boy with brown hair, wearing a white t-shirt with a colorful logo that says 'HEADFIRST SUMMER CAMPS' and has a blue 'LEADER' sticker on his cheek. The child on the right is a young girl with dark curly hair, wearing a white t-shirt with 'HEADFIRST SUMMER CAMPS' printed on it and a blue 'LEADER' sticker on her wrist. They are all smiling and looking towards the camera.

Maddie loved Headfirst camp.

She misses seeing Gomer and all the counselors so please give them a fist bump from her! I was very impressed with how organized your program is, how clean the facility is and how friendly the staff is. I also liked the student-to-counselor ratio. Every morning, we were greeted with many friendly faces and I knew that the children were safe and well-cared for. You run an excellent program!

— LAUREN MENKES

For more information on
our Day Camps please visit
www.headfirstcamps.com

This was an excellent experience for our son.

I cannot believe he had so many positive changes in just one week. His words were 'The camp is amazing. I like the way they treat me at camp!'

— MARGARET MCCARTHY



For more information on our
Multi-Sport Camp please visit
www.headfirstcamps.com

MULTI-SPORT CAMP

Ages
6 to 12



Headfirst Multi-Sport Camp is perfect for the camper who loves athletics and friendly competition, but doesn't want to focus on one particular sport.

This camp is fun and action-packed, combining a mix of team sports with swimming/water play and our rock climbing wall. Our highly organized program promotes the development of athletics, leadership, sportsmanship, hustle, self-confidence, and most of all, fun.

Designed for boys and girls ages 6–12, our Multi-Sport Camp caters to the ability level of each camper including beginner, intermediate and experienced athletes. Each week campers are split into evenly matched teams and participate/compete in a variety of contests and games for each sport and activity. *Effort over results* is the philosophy upon which Headfirst Camps was built. Fair play, equal playing time, and a fun and positive learning environment are the priorities in this program.

Each day includes a nice break from the heat while campers participate in either our waterslide/water play or our free-swim program. Skill contests, team competitions, and spirit contests are the highlights of this tournament-style camp program. Each week concludes with our exciting Headfirst Field Day competitions and championship-style games — all followed by an end-of-camp award ceremony recognizing and honoring all of the participating teams.

* Locations with a pool include St. Albans/NCS in DC and Mater Dei in Bethesda, Maryland. Saint Luke School in McLean, Virginia does not have a pool, so campers enjoy water play.

Baseball
Street hockey
Flag football
Basketball
Soccer
Lacrosse (ages 9+)
Team handball
Swimming*

WEEKLY ACTIVITIES

- Championship Fridays
- The Headfirst Rock Wall
- Daily swimming/water play*
- Theme and team spirit days
- Dunk tank
- "Spirit dance" competition

WEEKLY EVENTS

- Team building activities
- Leadership development
- Specialized instruction
- Tournament play
- Instructional games
- Team competitions
- Teamwork "pump up" awards

SINGLE SPORT CAMPS

Ages
5 to 12

Headfirst's Sports Camps are unrivaled in the Washington, DC area. Designed for young athletes of all abilities, our groups are separated by age and grade levels. Beginner, intermediate, and experienced players are encouraged to join us to learn, make new friends and have fun at camp this summer!

Our camps emphasize individual skills, basic fundamentals and techniques, team play, and overall fitness and well-being in a positive environment. We challenge campers to maximize their athletic potential while encouraging them to go above and beyond their "comfort" level and open their minds to learning new techniques and exercising new drills. Our approach to coaching and instruction focuses primarily on teamwork, sportsmanship, leadership, self-confidence and improvement. *Effort over results* is the philosophy upon which Headfirst Camps was built.

While Headfirst strives to challenge each and every camper, we also have a lot of fun. Each week features a variety of events, games and competitions. Our goals are to teach and instruct, but also and more importantly, to provide a memorable, enriching and exciting camp experience.

Soccer

Headfirst Soccer Camp offers non-stop learning and playing! With an emphasis on both team play and individual skill development, we work to develop the full range of soccer techniques including running with the ball, dribbling and passing with different surfaces of the foot, receiving the ball on the ground and from the air, shooting (and all the various techniques involved) and heading the ball.

Soccer campers are divided into smaller groups for station skill-work to provide an intimate learning environment and specific, individual teaching with our professional coaching staff. There are plenty of positional drills simulating games and at least two scrimmages and games a day for full day campers. Players are encouraged to try different positions throughout the week. Fridays are World Cup Fridays with plenty of tournament play, skill contests and fun! Campers are encouraged to dress in their favorite World Cup Soccer team uniform for World Cup Friday.

Basketball

At Headfirst Basketball Camp, specific skills are taught and practiced every day with a focus on one main fundamental per day. Fundamentals include shooting, passing, dribbling, rebounding and defensive techniques, as well as special insight into the lost art of modern basketball: the backdoor pass! Campers are divided into smaller groups for station skill-work to provide an intimate learning environment and specific, individual teaching. Organized team play and skills competition allow campers to practice in a fun and competitive environment.

Fundamentals, stations, skills competitions and games are taught, coached and refereed by an extremely qualified staff of Headfirst coaches. Each day, campers play at least four games. Fridays are Final Four Fridays as campers enjoy contests and tournament play throughout the day. Campers are encouraged to dress in their favorite basketball team jersey for Final Four Friday.

Baseball

Under the guidance of *Washington Post* "DC Coach of the Year," St. Albans Head Coach and former Red Sox bullpen catcher Jason Larocque, Headfirst Baseball Camp emphasizes both team play and individual skill development. Focus will be on throwing, catching, and fielding techniques during drills, specialty position practice (pitching, catching, infield, and outfield), base running, live hitting, hitting drills, and sliding. Campers are divided into smaller groups to provide an intimate learning environment and specific, individual teaching with our professional staff. They also play at least two live and/or skill games per day.

Baseball campers work to improve on their hitting and swing mechanics with participation in daily batting practice sessions and the Headfirst Baseball Homerun/Line Drive Hitting Contests. Tee work, soft toss and live (kid and coach) pitching are used throughout the week. Kid pitch is for ages nine and up only. Campers won't want to miss World Series Fridays!



BOSTON RED SOX Camps
www.redsox.com/camps



CHICAGO CUBS Camps
www.cubs.com/camps



NEW YORK YANKEES Camps
www.yankees.com/camps

Headfirst Camps is proud to be the exclusive and official summer camp partner of three of the most historic franchises in professional sports. These programs, in the Boston, Chicago and the New York areas, offer young fans the Major League Experience of a lifetime. If you have friends or family in these towns — or are up for a road trip! — check out our websites above, or call (202) 625-1921 for more information.



Headfirst Camps are the best camps in our area.

The coaches motivate my children to listen and learn the concepts of being part of a team. They have so much fun. This is our second summer with Headfirst and we will definitely be back again next year.

— SARAH HAHN



For more information on our Single Sport Camps please visit www.headfirstcamps.com



Headfirst Camps far exceeded our expectations.

I was impressed by everything from the morning greetings when we arrived, to the fantastic facilities, to the warm and accessible counselors. I will definitely sign up my child for Headfirst Camps again in the future.

— LAURA MANATOS



For more information on our Discovery Camps please visit www.headfirstcamps.com

DISCOVERY CAMPS

Ages
7 to 12

At Headfirst Discovery Camps, we challenge campers to expand their interests and open their minds to learn through new and engaging activities.

Cooking

Roll up your sleeves and get ready to slice and dice at Headfirst's savory summer program, "Kids in the Kitchen" Cooking Camp! Each week campers are taken on a new and exciting culinary adventure from one of our Headfirst chefs. Young chefs learn the basics of cooking using baking, boiling, pan frying, grilling, and stir frying. In each session we focus on how to follow a recipe, measure ingredients and practice food and kitchen safety. Our hands-on camp focuses on cooking from scratch using fresh, nutritional ingredients, leaving campers with a delicious sense of accomplishment and a lifelong appreciation for healthy eating.

Throughout the week, campers also create their own recipe cookbook and decorate their own apron and chef's hat. Come to one week or several weeks of cooking camp as new themes and new recipes are introduced each week. Themes include "Mexican Fiesta", "Gourmet Chef Challenge" and "You Are What You Eat".

Special Note: All recipes at Headfirst Cooking Camp are peanut free.

Imagination Science

Headfirst's Imagination Science camps offer fun and exciting options for the budding scientist:

ROBOT CREATORS Calling all aspiring scientists and engineers! Ready to create your very own robot? Join us on a week-long, fun-filled technological adventure to learn all about robots and even build one of your own. Discover how robots are used and how they impact our lives. Learn the science and basic mechanics of robotics and how robots operate. This hands-on camp includes investigation of sound sensing robots, line-tracking robots, amphibious robots and more. At the end of the week, you get to take home your own creation!

AMAZING ROCKETS Prepare for a fun week of space exploration and amazing rockets! This hands-on adventure introduces campers to the physics of rocket flight and aerodynamics. Learn about fuel, flight, space travel, space vehicles and the solar system. With a focus on safety, campers then learn how to design, build and launch rockets. Teamwork is required as we work together on mission control, launch preparation, take off, tracking and recovery. At the end of the week, you get to take home your very own rocket. Amazing Rockets camp is a blast!

CRIME SCENE DETECTIVES Put on your detective hat and get ready to solve some tricky mysteries. Together, your team of investigators will learn the science behind crime solving and forensics, including gathering evidence, fingerprinting techniques and analysis. Learn how to use cool spy equipment and analyze the clues to solve a crime!

SEE PG. 14 FOR THEME DATES AND LOCATIONS

Xploration Camp

Headfirst's Xploration Camp is designed for campers who enjoy participating in project-based adventures and undertaking new challenges. This camp is for campers who are interested in exploring new interests, joining in team building initiatives, having fun and making lasting friendships in a safe, positive, character building environment.

Each week centers on a new, different and exciting Xploration Adventure that will broaden campers' horizons. Additional activities throughout the week include daily swimming (or water play at Saint Luke School), Headfirst Sports Olympics, the Headfirst Rock Wall, and leadership and team building challenges. Campers also have weekly choice time, allowing them the opportunity to choose interests ranging from science and art to games and sports.

WEEKLY THEMES

ADVENTURES IN ENGINEERING Campers explore the world of engineering by constructing amazing structures. Build a life-size geodesic dome, design a thrilling rollercoaster, construct an arch you can walk under and more. Using teamwork and problem solving, campers work on challenges and push their creative abilities to the limit as they experiment and build to reach their final goal.

JOIN THE CIRCUS! Campers explore their creative and silly side developing their circus and performing arts skills including still walking, balancing, juggling, clowning, face painting, magic tricks and more! Campers end the week with a performance!

IMAGINATIVE INVENTORS Have you ever dreamt of becoming a world-famous inventor? Campers design fun and imaginative inventions, build "Rube Goldberg" machines, create their own games and construct gadgets to help solve real-life problems.

HEADFIRST SURVIVOR This action-packed week of camp is filled with physical, mental and team challenges and friendly competitions. Rock climbing, knot making, battery making, team relay races, scavenger hunts and obstacle courses round out this "can't miss" week.

AMAZING XCAMP RACE Campers embark on a "race around the world" and take on new, exciting adventures each day. Along the journey, campers learn about new cultures and countries as their teams compete on adventure challenges. We offer two weeks of this popular camp featuring different places.

DANGEROUS BOYS & DARING GIRLS Inspired by the books *The Dangerous Book for Boys* and *The Daring Book for Girls*, campers explore all kinds of fun adventures—making slingshots, lava lamps, paper airplanes, water bombs and friendship bracelets to name a few.

HARRY POTTER'S HOGWARTS Step into the world of Harry Potter! After the sorting hat divides campers into two houses, they participate in challenges and games to earn points. Potion making, Headfirst Quidditch, wand making, muggle magic tricks, and more guarantee a fun-filled week. Who will win the House Cup?

MYTHBUSTERS Ready to challenge popular beliefs, urban myths and the laws of physics? Campers work together to become true mythbusters as they conduct fun experiments to answer all kinds of fun questions. Can water power a rocket? How do soap bubbles float? Why do curve balls curve? Can we use air to launch marshmallows? How do voices travel on a string? Don't miss this fun-filled, hands-on week!



MORE INFO

www.headfirstcamps.com

Your source for more Headfirst information including:

- ★ Our History & Philosophy
- ★ Extended Care Information
- ★ Aquatics Program Information
- ★ Camp Videos
- ★ Camp Policies & FAQs
- ★ What to Bring to Camp
- ★ Virtual Tours of Camp Locations
- ★ Directions to Camp Locations
- ★ Awards & Accreditations
- ★ Headfirst in the News!



HOW TO ENROLL

Three easy ways to register for Headfirst Camps

- ★ Register & pay online at www.headfirstcamps.com
- ★ Print and mail/fax/scan registration forms at www.headfirstcamps.com
- ★ Call (202) 625-1921 to register

Flexible Scheduling & Discounts

FLEXIBLE SCHEDULING

Headfirst Camps offers flexible scheduling throughout the summer with one-week enrollment options. The camp weeks you choose do not have to be consecutive.

EARLY BIRD DISCOUNTS

Enroll by February 21, 2012 using coupon code "earlybird12" in your shopping cart.

Save 5%

Enroll in 2 weeks of camp and receive 5% off each week.

Save 10%

Enroll in 3, 4, 5 or 6 weeks of camp and receive 10% off each week.

Save 15%

Enroll in 7 or more weeks of camp and receive 15% off each week.

FAMILY & GROUP DISCOUNTS

Sibling Discounts

Receive a 5% discount on each family member enrolled after your first child. *Save all year long using coupon code "sibling" in your shopping cart.*

Group Discounts

Receive up to 10% off for each member of a group/team of six or more friends. Call our office for more information.

DISCOUNT RULES

- For Early Bird Discounts, weeks are counted per participant, not per family.
- Discounts cannot be combined.
- You must enroll online, enter the coupon code and register for all weeks in the same transaction.
- Discounts applicable for camp programs and cannot be applied for extended care or other fees.

COSTS & DATES

St. Albans School & National Cathedral School WASHINGTON, DC

CAMP NAME	AGES	TIME	PRICE	JUNE			JULY				AUGUST			
				11	18	25	2*	9	16	23	30	6	13	20
DAY CAMP														
Day Camp	3½-6	9-3	\$435	/	2	3	4	5	6	7	8	9	10	/
MULTI-SPORT CAMP														
Multi-Sport Camp	6-12	9-3	\$435	★	★	★	★	★	★	★	★	★	★	★
SINGLE SPORT CAMPS														
Basketball	6-12	9-3	\$415	/	★	★	★	★	★	★	★	★	/	/
Soccer	5-12	9-3	\$415	★	★	★	★	★	★	★	★	★	★	★
Baseball with Coach Jason Larocque	6-12	9-3	\$435	/	★	/	/	/	/	★	/	/	/	/
DISCOVERY CAMPS														
Xploration	7-12	9-3	\$435	/	B	C	H	E	D	A	B	G	F	/
Cooking	7-12	9-3	\$435	/	A	/	/	/	B	/	C	/	/	/
Imagination Science	7-12	9-3	\$435	/	/	/	/	1	2	3	1	3	/	/
TRANSPORTATION														
Capitol Hill Bus – Includes Extended Care			\$125	/	★	★	★	★	★	★	★	★	★	/

DAY CAMP LEGEND

1. Summer Splash
2. There's No Place Like Space
3. All Aboard Gomer's Pirate Adventure
4. Party in the U.S.A.
5. Gomer's Underwater Adventure
6. Superheroes
7. Dinosaur Detectives
8. Going Buggy!
9. Welcome to the Jungle
10. Under the Big Top

XPLORATION CAMP LEGEND

For full description of themes, see page 11

- A. Adventures in Engineering
- B. Amazing XCamp Race
- C. Dangerous Boys & Daring Girls
- D. Harry Potter's Hogwarts
- E. Headfirst Survivor
- F. Imaginative Inventors
- G. Join the Circus!
- H. MythBusters

IMAGINATION SCIENCE CAMP LEGEND

For full description of themes, see page 11

1. Amazing Rockets
2. Crime Scene Detectives
3. Robot Creators

COOKING CAMP LEGEND

- A. Mexican Fiesta
- B. Gourmet Chef Challenge
- C. You Are What You Eat

Saint Luke School MCLEAN, VA

CAMP NAME	AGES	TIME	PRICE	JUNE			JULY					AUGUST		
				11	18	25	2*	9	16	23	30	6	13	20
DAY CAMP														
Day Camp	3½-6	9-3	\$395	/	2	3	4	5	6	7	8	9	10	/
MULTI-SPORT CAMP														
Multi-Sport Camp	6-12	9-3	\$395	/	★	★	★	★	★	★	★	★	★	/
DISCOVERY CAMPS														
Xploration	7-12	9-3	\$395	/	E	G	B	C	H	F	D	B	A	/
Cooking	7-12	9-3	\$395	/	/	/	/	/	A	B	C	/	/	/
Imagination Science	7-12	9-3	\$395	/	/	3	/	1	/	/	/	2	/	/

Saint Luke does not have a pool, so campers will enjoy water play and water slides instead.

Mater Dei School BETHESDA, MD

CAMP NAME	AGES	TIME	PRICE	JUNE			JULY					AUGUST		
				11	18	25	2*	9	16	23	30	6	13	20
DAY CAMP														
Day Camp	3½-6	9-3	\$425	1	2	3	4	5	6	7	8	9	10	/
MULTI-SPORT CAMP														
Multi-Sport Camp	6-12	9-3	\$425	★	★	★	★	★	★	★	★	★	★	/
DISCOVERY CAMPS														
Xploration	7-12	9-3	\$425	C	D	A	F	B	G	E	H	C	B	/
Cooking	7-12	9-3	\$435	/	/	A	/	B	/	/	/	C	/	/
Imagination Science	7-12	9-3	\$435	/	/	/	/	/	1	2	3	/	/	/

NOTES FOR ALL CAMPS & LOCATIONS

- ★ There will be no camp on July 4, 2012 due to the 4th of July holiday. All tuition prices are prorated to reflect a 4 day session.

EXTENDED CARE

- ★ Extended Care is available weekly and daily from 7:30am to 9:00am and in the afternoon from 3:00pm to 6:00pm.
- ★ Campers may pre-register or drop-in on a daily basis.
- ★ For more information about our bus service from Capitol Hill to our St. Albans/National Cathedral location, please visit www.headfirstcamps.com.



HEADFIRST

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Suite 201
Washington, DC 20007
(202) 625-1921

www.headfirstcamps.com